Saint Bonaventure: The Soul's Journey into God
12 Lectures (5 Audio Discs) including Electronic Study Guide

Taught by one of the leading experts on Franciscan spirituality, this is the course on St. Bonaventure that you have always wanted.

In the fall of 1259, the Franciscan theologian St. Bonaventure traveled from his home in Paris to the mountain of La Verna in Tuscany for a retreat. There, he meditated on the experience St. Francis had on that same mountain, where he experienced a profound vision and the stigmata.

On his retreat, Bonaventure discovered that St. Francis was a model for how a person comes to union with God in prayer. The result of this insight was the outline of a book that soon became a classic of Catholic spiritual reading: The Soul’s Journey into God. Now you too can discover the inspiring model of St. Francis as outlined by St. Bonaventure.

Bonaventure talks about this spiritual journey as taking place in six steps, like the six days of creation. On each step of the journey he explores a new dimension of our relationship with God. Bonaventure presents us with a mystical theology, leading us step-by-step from reflection on the world around us, through reflection on our inner world as human beings, toward the world above us, the divine life of the Holy Trinity.

Bonaventure shows us Christ as the beginning of this journey, its end, and the Way that connects them. Join St. Bonaventure on this powerful journey today. You will cherish this experience.

Topic Titles

• The Life and Works of St. Bonaventure
• The Context for the Composition of The Soul’s Journey into God
• Six Steps of a Journey Toward the Day of Rest
• The World around Us: Finding God in Creation
• The World Perceived through the Senses
• The World within Us: Finding God in Ourselves
• The Human Person Touched by Grace
• The World above Us: Finding God as God
• Seeing God as Three: The Highest Goodness
• Passing Over: From Six Days’ Journey to Sabbath Rest
• The Affections: The Heart Awakens
• The Later Influence of The Soul’s Journey into God in Christian Spirituality