

Making Peace with our own “Wolf”



*The story of St. Francis of Assisi and the Wolf of Gubbio is a powerful one that will invite us to reflect together on the meaning of “making peace” within ourselves,
within our relationships
with those we hold close,
and with the stranger we do not know.*

The process of “making peace” is both personal and communal, challenging us to reflect honestly on the “wolf” that takes up residence within us at times, that influences our attitudes toward and acceptance of others. We will consider how essential forgiveness of self and others is as we befriend our “wolf” over and over again in this journey called life.

Wednesday, November 18 from 3 to 4 PM

or

Thursday, November 19 from 1 to 2 PM

Our presenter is Sr. Lynn Lavin, OSF, PhD, a member of the Sisters of St. Francis of Philadelphia. She lives in Wilmington, DE and ministers as a licensed therapist, spiritual director, group consultant, and facilitator at Lumen Counseling and Consulting Services, LLC. She is a former NU faculty member, teaching in the MS Clinical and Pastoral Counseling Program.



[Register at mccarthm@neumann.edu](mailto:mccarthm@neumann.edu) by November 10, 2020.