

Karen Wientjes, PT, DPT, PhD, MPH

Professor

B.S.P.T., University of Scranton
M.P.H., West Chester University
D.P.T., Neumann University
Ph.D. Saybrook University

Certified Wound Specialist (CWS®)

Email: wientjek@neumann.edu

Phone: 610-361-2466

Dr. Karen Wientjes is a PA-licensed Physical Therapist and a Certified Wound Specialist® through the American Board of Wound Management. She has been teaching at Neumann for over 25 years. She is an active member of the Neumann community having served in various capacities, including Faculty Senate President, curriculum committee, academic policy committee, human resource committee, institutional review board, and the Middle States review committee. In addition to teaching at Neumann University, Dr. Wientjes is a per diem therapist in the skilled nursing, sub-acute, and outpatient settings. She also provides volunteer physical therapy and mentorship to DPT students at the pro bono PT clinic at Our Lady of Angels convent on Neumann's campus. She has been actively involved with the APTA on various levels, having served as a Program Chair and a consultant for the development of curriculum guidelines and wound care coding initiatives. A past President for the American Board of Wound Management, she is currently the Exam Chair, overseeing the development and administration of interprofessional wound certification exams. Dr. Wientjes enjoys providing service through mission work in Peru and Haiti. She has presented nationally and internationally, as well as published articles on wound care, pain management, and integrative strategies for wound healing. Her current areas of research include wound bed preparation, wound measurement, and a mind-body-spirit approach to overall well-being.

Instructor for the following courses:

PT 516: Fundamental Physical Therapy Skills

PT 519: Physical Agents

PT 619: Clinical Reasoning I

PT 714: Wound Management

PT 719: Clinical Reasoning II

PT 720: Administration and Management

PT 742: Mentored Experience I

PT 743: Mentored Research Experience II

PT 744: Mentored Research Experience III

Recent presentations and publications:

Wientjes K, Seaner, N. Effects of a Mindfulness Training Program with Doctor of Physical Therapy Students. Poster presented at: APTA Combined Sections Meeting in Houston, TX. February 14, 2025

Selby-Silverstein, L., Mahoney, E., Shaughnessy T.J., Wientjes, K. (2024). Diabetic Foot Ulcer-Beyond Wound Closure: Clinical Practice Guideline (CPG+). <https://www.apta.org/patient-care/evidence-based-practice-resources/cpgs/diabetic-foot-ulcer-beyond-wound-closure-clinical-practice-guideline>

Wientjes K. Healthcare and Healing Traditions of Amazonia. Educational session at: Neumann University, Franciscan Institute Program, Aston, PA. October 3, 2024

Wientjes K. Soft Tissue Infections Associated with People Who Inject with Drugs. Virtual educational session for: Southeast District of the American Physical Therapy Association, Pennsylvania. September 11, 2024

Wientjes K, Anderson H. Incorporating Self-care and Mindfulness Strategies to Reduce Anxiety in DPT Students. Educational session at: Neumann University Faculty Symposium, Aston, PA. May 14, 2024

Wientjes K. Managing Pediatric Wounds. Educational session at: National Institute of Rehabilitation, Lima, Peru. March 6, 2024

Wientjes K., Arizini C., DiSanto D. The Lived Experiences of People with Chronic Lower Extremity Wounds. Research platform presented at: APTA Combined Sections Meeting in Boston, MA. February 17, 2024

Wientjes K, Shaughnessy T. On the Rise: Soft Tissue Infections Associated with People Who Inject Drugs. Educational session at: APTA Combined Sections Meeting in Boston, MA. February 15, 2024

Wientjes K. The Relationship Between Psychosocial and Emotional Factors and Wound Healing Characteristics in Patients with Leg Ulcers. Poster presented at: Symposium for Advanced Wound Care in Washington DC. April 28, 2023

Wientjes K. Incorporating Mindfulness-Based Techniques to Enhance Wound Healing. Educational session at: APTA Combined Sections Meeting in San Diego, CA. February 23, 2023

Wientjes K, Puliti L, Hoertz E. The Relationship Between Psychosocial and Emotional Factors and Wound Healing Characteristics in Patients with Leg Ulcers. Poster presented at: APTA Combined Sections Meeting in San Diego, CA. February 23, 2023

Wientjes, K., McKee, J. Advanced Modalities for Chronic Wounds. Webinar: Virtual Wound Rounds. April 22, 2021

Wientjes K. Hypnotic Suggestions for Wound Healing. E-Poster presented at: American Society of Clinical Hypnosis (ASCH) 2021 Annual Meeting. March 4-7, 2021